

2017 GOVERNOR'S CUP

5K

RUN/WALK

THIS YEAR, THERE ARE MORE WAYS TO PARTICIPATE!

The 2017 Governor's Cup 5K promises to be bigger, better, and more successful than ever. With the addition of our new off-site participation option, employees, pensioners, and faculty and staff from all public school districts and charter schools who are unable to attend can join in on the fun from wherever they are on October 17.

Register today and be a part of the tradition and celebration!

Tuesday, October 17, 2017

**Participate in the 5K Run/Walk
at the Governor's
Residence at Woodburn**
151 Kings Highway
Dover, DE 19901

Participate off-site
Walk, jog, or run 6,400 steps —
roughly the equivalent of a
5K — during the workday.

FREE 5K Run/Walk or a 1-mile noncompetitive walk exclusively for State of Delaware employees, pensioners, and faculty and staff from all public school districts and charter schools.

Find more information and register today at GovernorsCup5K.com.

If you need a reasonable accommodation, please contact govcup5k@healthyladelaware.org.

